

# **FREE Monthly Blood Pressure Checks**

*Select a location that works best for you, and join us!*

## **BLACK RIVER FALLS**

Last Thursday · 1:00-2:00PM

**Lunda Community Center · 405 WI-54 Trunk**

Last Thursday · 2:30-3:30PM

**Spaulding Place Cooperative · 1374 Van Buren St**

## **OSSEO**

Second Wednesday · 1:30-2:30PM

**Dove Healthcare - Osseo · 51019 Ridge View Road**

## **STRUM**

Third Tuesday · 11:30AM-12:30PM

**Strum Village Office · 202 5th Ave S**



- A nurse from Dove Healthcare - Osseo will perform BP, pulse, and heart rate checks.
- A card will be given to you to track your results.